August 2025



			.94.01.20			Cliffs
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Hello To	10:15am Fill in the Blank- 1D 11:00am Balloon Badminton- 2D	2 10:00am Great Outdoors - Yard 11:00am Balloon Badminton- 1L 1:45pm Bingo - 2D 3:45pm Bean Bag Toss - 2D
11:00am 1:1 Visits - 2nd 1:45pm Watermelon Social- 1D 3:15pm Watermelon Social - 2D	Civic Holiday 9:45am Manicure - 1st Monday 11:00am Name That Canadian Music- 2D 1:45pm Bingo - 2D 3:30pm Name That Canadian Music- 1D	Social - Yard 3:45pm Hand Massages - 2nd	1:30pm The Price Is Right - A 3:45pm Axe Throwing - 2D 4:00pm Outdoor Walks - OUT 6:30pm Campfire Night - Yard Travelling Tuck Cart - 1st	7 10:30am 1:1 Visits - 1st 10:30am Roman Catholic Service- 2D 2:00pm August Birthday Celebrations - 2D 3:45pm Axe Throwing - 1D 4:00pm Outdoor Walks - OUT	Rides- OUT	9 10:00am Manicures - 2nd 11:00am Bird Watching - Yard 1:45pm Bingo - 2D 3:45pm Therapeutic Colouring- 1D
10:00am Spiritual Gathering- 2D 11:00am Mad Libs-1D 1:15pm Movie Afternoon: The Wizard Of Oz - A 4:00pm 1:1 Visits - 1st	1:45pm Bingo - 2D 3:45pm Sensory Summer- 2nd		10:30am Coffee Club on the Patio - Yard 1:30pm In The Kitchen: Summer Punch - A 3:30pm Happy Hour - A 4:00pm Outdoor Walks - OUT	14 10:30am 1:1 Visits - 2nd 10:30am United Church Service- 2D 1:30pm Dairy Queen Outing- OUT 3:45pm Chair Yoga - 1D 4:00pm Outdoor Walks - OUT	10:30am Watergun Target	16 10:30am Great Outdoors - Yard 1:45pm Bingo - 2D
Sunday Social- 1D	18 10:15am Manicure Monday- 2nd 11:00am Hand Massages - 1st 1:45pm Bingo - 2D 3:45pm Beach Ball Volleyball- 1D	World Photo Day 10:30am Duet Bicycle Rides- OUT 1:30pm Glamour Shots - A	1:45pm Parachute Exercises- A 3:45pm Treats and Trivia - 2D 6:30pm Paint Night - A Travelling Tuck Cart - 1st	World Senior Citizen Day 10:30am Anglican Church Service- 2D 1:45pm Outdoor Bowling- Yard 3:45pm Treats and Trivia - 1D	10:30am Entertainment w. Susie Q- Yard 12:00pm BBQ - Yard	23 10:00am Manicures - 1st 11:00am Bird Watching - Yard 1:45pm Bingo - 2D 3:45pm Therapeutic Colouring- 2D
3:45pm Sing Along - 1D	National Banana Split Day 1:45pm Bigger Better	10:30am Watergun Target Practice - Yard 2:00pm Resident Council and Food Committee Meeting - 1D	10:30am Duet Bicycle Rides- OUT 1:45pm Mini Putt- 1D	9:30am 1:1 Visits - 1st 11:00am Beach Day Outing- OUT 3:45pm Summer Hangman- 2D	10:15am Fill in the Blank- 2D 11:00am Outdoor Walks - OUT 12:00pm BBQ - Yard	30 10:00am Coffee Club- 1D 11:00am Outdoor Walks - OUT 1:45pm Bingo - 2D 3:45pm 1:1 Visits - 2nd
31 10:00am Coffee Club - 2D 11:00am Hand Massages - 2nd 1:45pm Bean Bag Toss - 1D 3:45pm Summer Hangman- 1D	SOUTHBRIDGE CARE HOMES					

A- Activity Room OUT- Outing 1st- 1st Floor Varied/Resident Rooms 1D- 1st Floor Dining Room 1L- 1st Floor Lounge 2nd- 2nd Floor Varied/Resident Rooms