

July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day 9:45am Therapeutic Colouring: Canada Flag - 2nd 11:00am Canadian Trivia and History-2D 2:00pm Port Dover Canada Day Parade - Yard 4:00pm Canadian Trivia and History-1D	2 10:30am Watergun Target Practice - Yard 1:30pm Axe Throwing - 2D 3:30pm Happy Hour - A 6:30pm Bingo - 2D 8:00pm Outdoor Walks - OUT Travelling Tuck Cart - 1st Travelling Tuck Cart - 2nd	3 10:30am Online Roman Catholic Service- 2D 2:00pm July Birthday Celebrations - 2D 3:45pm Axe Throwing - 1D 4:00pm Outdoor Walks - OUT	4 10:30am Aromatherapy - A 12:00pm BBQ - Yard "Floor TBD" 2:00pm Parachute Exercises- A 3:45pm Famous Canadian's Hangman- 2D 4:00pm Outdoor Walks - OUT	5 10:00am Famous Canadian's Hangman- 1D 11:00am Great Outdoors - Yard 1:45pm Bingo - 2D 3:45pm Balloon Badminton- 1L
6 1:45pm Fill in the Blank- 1D 3:45pm Balloon Badminton - 2D 6:00pm Music in the Park Outing- OUT	7 Word Chocolate Day 10:15am Manicure Monday- 1st 11:00am Chocolate Tasting and Trivia- 2D 1:45pm Bingo - 2D 3:45pm Chocolate Tasting and Trivia-1D	8 10:30am Social Time w. Ruth- A 10:45am Bird Watching - Yard 1:00pm 1:1 Visits - 1st 2:30pm Entertainment w. Tristan Alexander- Yard 4:00pm Hand Massages - 2nd	9 2:00pm Ballpark Afternoon: Blue Jays vs. White Sox - A 3:45pm Hand Massages - 1st 6:30pm Paint Night - A Travelling Tuck Cart - 1st Travelling Tuck Cart - 2nd	10 10:30am 1:1 Visits - 2nd 10:30am United Church Service- 2D 1:45pm Passport Armchair Travel - A 3:45pm Ladder Golf - 2D 4:00pm Outdoor Walks - OUT	11 10:30am Duet Bicycle Rides- OUT 12:00pm BBQ - Yard "Floor TBD" 1:45pm Outdoor Yard Games- Yard 3:45pm Reading Group - 1D 4:00pm Outdoor Walks - OUT	12 10:00am Manicures - 2nd 11:00am Mad Libs-1D 1:45pm Bingo - 2D 3:45pm Ladder Golf - 1D
13 10:00am Spiritual Gathering- 2D 11:00am Mad Libs - 2nd 1:15pm Movie Afternoon: Resident Choice - A 4:00pm Group Crossword- 1D	14 1:45pm Bingo - 2D 3:45pm Chair Yoga - 1D 4:00pm 1:1 Visits - 2nd 6:30pm Campfire Night - Yard	15 10:30am In The Kitchen: Fruit Kabobs - A 1:45pm Travelling Treats-2D 3:15pm Travelling Treats - 1st	16 10:30am Duet Bicycle Outing- OUT 1:30pm Sing Along - 2D 3:30pm Happy Hour - A Travelling Tuck Cart - 1st Travelling Tuck Cart - 2nd	17 10:30am 1:1 Visits - 1st 10:30am Anglican Church Service- 2D 1:30pm Aromatherapy - A 3:45pm Chair Yoga - 2D 4:00pm Outdoor Walks - OUT	18 10:30am Parachute Exercises- A 12:00pm BBQ - Yard "Floor TBD" 1:30pm Sing Along - 1D 3:45pm Group Crossword- 2D 4:00pm Outdoor Walks - OUT	19 11:00am Great Outdoors - Yard 1:45pm Bingo - 2D 
20 National Ice Cream Day 10:00am Hand Massages - 2nd 11:00am Bird Watching - Yard 1:45pm Sundaes on Sunday Social- 1D 3:15pm Sundaes on Sunday Social- 2D	21 10:15am Manicure Monday- 2nd 11:00am Hand Massages - 1st 1:45pm Bingo - 2D 3:45pm Sensory Summer- 1st	22 12:00pm Murphy's Chip Wagon Lunch Outing - OUT 2:30pm Men's Group: Name That Tool - A	23 National Lemon Day 1:30pm In The Kitchen: Freshly Squeezed Lemonade-A 3:30pm Mini Putt - 2D 6:30pm Lemonade and Laughter- Yard Travelling Tuck Cart - 1st Travelling Tuck Cart - 2nd	24 10:30am Duet Bicycle Outing- OUT 2:00pm Entertainment w. Ken Lightheart- Yard 3:45pm Mini Putt- 1D 4:00pm Outdoor Walks - OUT	25 Freeze Friday 12:00pm BBQ - Yard "Floor TBD" 2:00pm Freeze Social - 1D 2:00pm Freeze Social - 2D 4:00pm Outdoor Walks - OUT	26 10:00am Manicures - 1st 11:00am Bean Bag Toss - 2D 1:45pm Bingo - 2D 3:45pm Beach Ball Volleyball- 1D
27 10:00am Spiritual Gathering- 1D 11:00am Bean Bag Toss - 1D 1:30pm Fill in the Blank - 2nd 3:30pm Beach Ball Volleyball-2D	28 1:45pm Bigger Better Bingo- 2D 3:45pm Sensory Summer- 2nd 6:30pm Karaoke Night - A 	29 10:30am Watergun Target Practice - Yard 2:00pm Resident Council and Food Committee Meeting - 1D	30 International Friendship Day 10:30am Crafts: Friendship Bracelets - A 1:30pm Dairy Queen Outing- OUT 3:45pm Board Games and Cards- A 6:30pm Bingo - 2D Travelling Tuck Cart - 1st Travelling Tuck Cart - 2nd	31 10:30am Coffee Club on the Patio- Yard 1:30pm Ladies Spa Afternoon- A 3:45pm Reading Group - 2D 4:00pm Outdoor Walks - OUT		

A- Activity Room OUT- Outing 1st- 1st Floor Varied/Resident Rooms 1D- 1st Floor Dining Room 1L- 1st Floor Lounge 2nd- 2nd Floor Varied/Resident Rooms
 2D- 2nd Floor Dining Room
 All activities are subject to change